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| Ways  Author | Sex Education | Role of parents | Roles of organisation | Research |
| Dr.Syahid Athar | Proposes the teaching of sex education as in would educate them on this issue as by Islamic education | Parent’s job is to instil in their teenagers mind what is not taught in sex education. At the same time, they should divert their energies to some productive activities Another role of parents is to help their children make the right decisions |  |  |
| Shireen J. Jejeebhoy |  |  | Provide more education to adolescents on anatomy and physiology.  Intensify efforts to postpone early marriage among adolescent girls | Investigate pre-marital sexual behaviour, awareness and attitudes among representative samples of adolescent girls and boys |
| Petula Sik Ying Ho and Adolf Ka Tat Tsang | The adoption of the medico-anatomical vocabulary, even in feminist discourses critical of its knowledge claims and prescriptive practice, unwittingly promotes the alignment of women with the medical institution and restricts the ways in which women can reimaging and reimage their bodies. Standardized medical lexicon and topography support the conventional imagination of the body and perpetuate institutionalized disciplinary practices |  |  |  |
| Lee Gatiss |  | Self-control is something we must exercise in all things, sexual and otherwise. Self-control in this area may well be the litmus test of how well we are doing in others.  Pastoral Preaching and Teaching  Discipline |  |  |